



SUPPORT SB 608: FAMILY CAREGIVERS IN NEW HAMPSHIRE

THE INVISIBLE BACKBONE OF NH'S CARE SYSTEM

Family caregivers are essential to New Hampshire's care system. One in four Granite State adults—that's 281,000 people—provide unpaid care valued at \$2.8 billion annually.^{1,2} These caregivers support older adults and raise grandchildren when parents cannot, providing essential support that keeps loved ones together at home.

While caregiving can be rewarding, caregivers face significant challenges and often lack the resources they need to sustain their critical work. This gap in support takes a serious toll on their physical, mental, and financial well-being.

HOW SB 608 SUPPORTS CAREGIVERS

SB 608 addresses critical gaps in New Hampshire's caregiver support systems through:



Family Caregiver Support

SB 608 provides support services for people who care for individuals enrolled in two Medicaid waiver programs: the Acquired Brain Disorder (ABD) and Choices for Independence (CFI) programs. This support may include counseling, education and training, peer support, caregiver assessment, and other supports that help caregivers continue providing cost effective care in the community.



Child Care Support for Kinship Caregivers

SB 608 improves access to affordable child care for grandparents and other relatives raising children. Adults of retirement age (67+) will no longer need to work to qualify for the NH Child Care Scholarship Program, and families won't have to pay the cost-share for children in kinship care.



BY THE NUMBERS: THE CHALLENGES CAREGIVERS FACE

Training Gap

99%

of caregivers assist with daily tasks, but only **11%** have received training³

55%

manage complex medical tasks, but only **22%** have formal training³

Emotional and Social Toll

1 IN 4

caregivers report social isolation³

43%

experience moderate to high emotional stress¹

Financial Strain

44%

have faced negative financial impacts (debt, depleted savings, inability to afford basics)¹

\$54,000

the median income of grandparents—less than half the state's typical family income of \$119,000⁴

This legislation makes caregivers visible and offers important support that acknowledges their work, addresses their needs, and ensures they have the resources to continue providing care without sacrificing their own well-being.

TAKE ACTION TO SUPPORT SB 608



SHARE YOUR STORY

Share your experience as a family or kinship caregiver. What are your joys and struggles?



CONTACT LAWMAKERS

Email or call NH lawmakers and urge them to support SB 608 and Granite State caregivers.



STAY IN THE LOOP

Sign up to receive email updates from New Futures about this legislation.



Take action at
new-futures.org/caregivers

OR SCAN ME



SB 608 IS SUPPORTED BY:

newfutures »
SOLVING PROBLEMS THROUGH POLICY CHANGE

NH AHA
NEW HAMPSHIRE ALLIANCE
FOR HEALTHY AGING
ADVOCACY

References:

1. *Caregiving in the US 2025: Spotlight on New Hampshire* (2025, October). AARP and National Alliance for Caregiving. <https://www.aarp.org/content/dam/aarp/ppi/topics/lsss/family-caregiving/cgus-2025-caring-across-states/caregiving-in-the-us-2025-spotlight-on-new-hampshire.doi.10.26419-2fppi.00383.043.pdf>
2. *Family Caregiving in New Hampshire* (2025). New Hampshire Alliance for Healthy Aging. https://nhaha.info/wp-content/uploads/2025/11/Caregiving-one-pager_110325.pdf
3. *Caregiving in the US 2025* (2025, July). AARP and National Alliance for Caregiving. <https://www.aarp.org/content/dam/aarp/ppi/topics/lsss/family-caregiving/caregiving-in-us-2025.doi.10.26419-2fppi.00373.001.pdf>
4. NHFPI Staff (2025, September 2). *Granite State Grandparents - By the Numbers*. New Hampshire Fiscal Policy Institute. <https://nhfpi.org/blog/granite-state-grandparents-by-the-numbers/>

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